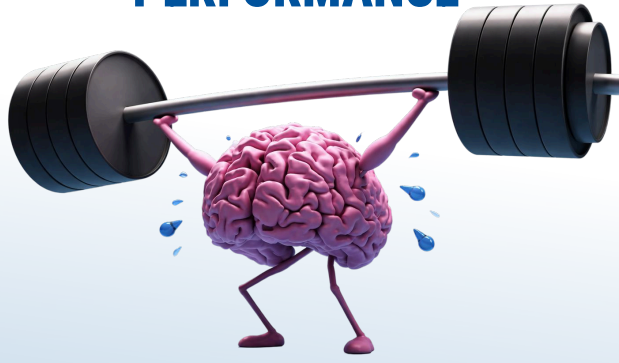


ZERO BURNOUT

The ARCHITECTURE
of HIGH
PERFORMANCE



Moha Bensofia
Tech & Angel Investor;
Advisor, Mendy.io

Host

Christina Michael
CEO & Founder, SMLFORUM

Dan Brulé
World-Renowned
Breathwork Pioneer

Prof. Vittorio Sebastiano
Associate Professor,
Stanford School of Medicine

Dr. Ryan Greene
Medical Director,
Monarch Athletic Club



Masterclass Schedule · April 28, 2026

The Parklane Diamonds Ballroom

08:30 AM – 09:15 AM Registration and Welcome

09:15 AM – 10:10 AM The Masterclass

10:10 AM – 10:30 AM Q&A Session

10:30 AM – 11:00 AM **Breath Mastery (Virtual)**
Featuring **Dan Brulé**
World-Renowned Breathwork Pioneer

11:00 AM – 11:30 AM **Fireside Chat**
With **AJ Ginnis**
World Championship Medalist & Professional Slalom Skier

11:30 AM – 12:00 PM **Fireside Chat**
With **Marcos Baghdatis**
Former World No. 8 ATP Professional & Tournament Director

12:00 PM – 12:45 PM Refresh & Connect

LEGENDS LIVE:
REDEFINING THE HUMAN LIMIT
TWO ICONS. UNMATCHED RESILIENCE.

AJ GINNIS

**MARCOS
BAGHDATIS**

